Dessel's inequality & Completeness of an orthonormal basis.  
Bessel's inequality:  
If 
$$\{u_{n}\}_{n \in A}$$
 is an orthonormal set in  $\mathcal{H}$ , then  $\mathcal{H} x$   
 $\sum_{\substack{x \in A}} |\langle x, u_{x} \rangle|^{2} \in ||x||^{2}$   
 $\mathbb{E} \left[ \int_{\mathcal{H} \in A} |\langle x, u_{x} \rangle|^{2} + \alpha s$  unconstably many  $\rangle$  o  
The  $\sum_{\substack{x \in A}} |\langle x, u_{x} \rangle|^{2} + \alpha s$ .  
Since if  $A_{n} := \left\{ \frac{1}{n} + |\mathcal{H} u_{n}, x \rangle| > \frac{1}{n} \right\}$   
 $A_{+} := \left\{ \frac{1}{n} + |\langle u_{n}, x \rangle| > \frac{1}{n} \right\}$   
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$$\Rightarrow \|x\|^2 - \sum_{x \in F} |\langle x | u_x \rangle|^2 \ge 0$$

Now consider 
$$\langle y \ u_{a_k} \rangle = \langle x \ u_{a_k} \rangle$$
  
 $\Rightarrow y = x \ by G.$  Hence  $x = \sum \langle x, u_{a_k} \rangle u_{a_k}$ .