A generalized Alon-Boppana bound and weak Ramanujan graphs

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Abstract

A basic eigenvalue bound due to Alon and Boppana holds only for regular graphs. In this paper we give a generalized Alon-Boppana bound for eigenvalues of graphs that are not required to be regular. We show that a graph G with diameter k and vertex set V, the smallest nontrivial eigenvalue λ_1 of the normalized Laplacian \mathcal{L} satisfies

$$\lambda_1 \le 1 - \sigma \left(1 - \frac{c}{k} \right)$$

for some constant c where $\sigma = 2 \sum_v d_v \sqrt{d_v - 1} / \sum_v d_v^2$ and d_v denotes the degree of the vertex v.

We consider weak Ramanujan graphs defined as graphs satisfying $\lambda_1 \geq 1 - \sigma$. We examine the vertex expansion and edge expansion of weak Ramanujan graphs and then use the expansion properties among other methods to derive the above Alon-Boppana bound.

1 Introduction

The well-known Alon-Boppana bound [8] states that for any *d*-regular graph with diameter k, the second largest eigenvalue ρ of the adjacency matrix satisfies

$$\rho \ge 2\sqrt{d-1}\left(1-\frac{2}{k}\right) - \frac{2}{k}.\tag{1}$$

A natural question is to extend Alon-Boppana bounds for graphs that are irregular. Hoory [6] showed that for an irregular graph, the second largest eigenvalue ρ of the adjacency matrix satisfies

$$\rho \ge 2\sqrt{d-1} \left(1 - \frac{c\log r}{r}\right)$$

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if the average degree of the graph after deleting a ball of radius r is at least d where r, d > 2.

For irregular graphs, it is often advantageous to consider eigenvalues of the normalized Laplacian for deriving various graph properties. For a graph G, the normalized Laplacian \mathcal{L} , defined by

$$\mathcal{L} = I - D^{-1/2} A D^{-1/2}$$

where D is the diagonal degree matrix and A denotes the adjacency matrix of G. One of the main tools for dealing with general graphs is the Cheeger inequality which relates the least nontrivial eigenvalue λ_1 to the Cheeger constant h_G :

$$2h_G \ge \lambda_1 \ge \frac{h_G^2}{2} \tag{2}$$

where $h_G = \min_S |\partial(S)|/\operatorname{vol}(S)$ for S ranging over all vertex subsets with volume $\operatorname{vol}(S) = \sum_{u \in S} d_u$ no more than half of $\sum_{u \in V} d_u$ and $\partial(S)$ denotes the set of edges leaving S. For k-regular graphs, we have $\lambda_1 = 1 - \rho/k$ where ρ denotes the second largest eigenvalue of the adjacency matrix. In general,

$$\frac{\rho}{\max_v d_v} \le 1 - \lambda_1 \le \frac{\rho}{\min_v d_v}$$

which can be used to derive a version of the Cheeger inequality involving ρ which is less effective than (2) for irregular graphs.

In this paper, we will show that for a connected graph G with diameter k, λ_1 is upper bounded by

$$\lambda_1 \le 1 - \sigma (1 - \frac{c}{k}) \tag{3}$$

for a constant c where $\sigma=2\sum_v d_v\sqrt{d_v-1}/\sum_v d_v^2$. The above inequality will be proved in Section 6.

The above bound of Alon-Boppana type improves a result of Young [10] who derived a similar eigenvalue bound using a different method. In [10] the notion of (r, d, δ) -robust graphs was considered and it was shown that for a (r, d, δ) -robust graph, the least nontrivial eigenvalue λ_1 satisfies

$$\lambda_1 \le 1 - \frac{2d\sqrt{d-1}}{\delta} \left(1 - \frac{c}{r}\right). \tag{4}$$

Here (r, d, δ) -robustness means for every vertex v and the ball $B_r(v)$ consisting of all vertices with distance at most r, the induced subgraph on the complement of $B_r(v)$ has average degree at least d and $\sum_{v \notin B_r(v)} \frac{d_v^2}{|V \setminus B_r(v)|} \leq$ δ . We remark that our result in (3) does not require the condition of robustness.

We define weak Ramanujan graphs to be graphs with eigenvalue λ_1 satisfying

$$\lambda_1 \ge 1 - \sigma \ge \frac{1}{2} \tag{5}$$

where $\sigma = 2 \sum_{v} d_v \sqrt{d_v - 1} / \sum_{v} d_v^2$.

To prove the Alon-Boppana bound in (3), it suffices to consider only weak Ramanujan graphs. Weak Ramanujan graphs satisfy various expansion properties. We will describe several vertex-expansion and edge-expansion properties involving λ_1 in Section 3, which will be needed later for proving a diameter bound for weak Ramanujan graphs in Section 4. The diameter bound and related properties of weak Ramanujan graphs are useful in the proof of the Alon-Boppana bound for general graphs.

We will also show that the largest eigenvalue λ_{n-1} of the normalized Laplacian satisfies

$$\lambda_{n-1} \ge 1 + \sigma(1 - \frac{c}{k}). \tag{6}$$

The proof will be given in Section 7.

2 Preliminaries

For a graph G = (V, E), we consider the normalized Laplacian

$$\mathcal{L} = I - D^{-1/2} A D^{-1/2}$$

where A denotes the adjacency matrix and D denotes the diagonal degree matrix with $D(v,v) = d_v$, the degree of v. We assume that there is no isolated vertex throughout this paper. For a vertex v and a positive integer l, let $B_l(v)$ denote the ball consisting of all vertices within distance l from v. For an edge $\{x, y\} \in E$ we say x is adjacent to y and write $x \sim y$.

Let $\lambda_0 \leq \lambda_1 \leq \ldots \leq \lambda_{n-1}$ denote eigenvalues of \mathcal{L} , where *n* denotes the number of vertices in *G*. It can be checked (see [2]) that $\lambda_1 > 0$ if *G* is connected. The Alon-Boppana bound obviously holds if $\lambda_1 = 0$. In the remainder of this paper, we assume *G* is connected.

Let φ_i denote the orthonormal eigenvector associated with eigenvalue λ_i . In particular, $\varphi_0 = D^{1/2} \mathbf{1} / \sqrt{\operatorname{vol}(G)}$ where **1** is the all 1's vector and

 $\operatorname{vol}(G) = \sum_{v \in V} d_v$. We can then write

$$\lambda_{1} = \inf_{g \perp \varphi_{0}} \frac{\langle g, \mathcal{L}g \rangle}{\langle g, g \rangle}$$
$$= \inf_{f \perp D1} \frac{\sum_{x \sim y} \left(f(x) - f(y) \right)^{2}}{\sum_{z} f^{2}(z) d_{z}}$$
$$= \inf_{f \perp D1} R(f)$$

where f ranges over all functions satisfying $\sum_{u} f(u)d_{u} = 0$ and the sum $\sum_{x \sim y}$ ranges over all unordered pairs $\{x, y\}$ where x is adjacent to y. Here R(f) denote the *Rayleigh quotient* of f, which can be written as follows:

$$R(f) = \frac{\int |\nabla f|}{\int ||f||^2}$$

where $\int ||f||^2 = \sum_x f^2(x) d_x$
and $\int |\nabla f| = \sum_{x \sim y} (f(x) - f(y))^2.$

For eigenfunction φ_i , the function $f_i = D^{-1/2}\varphi_i$, called the combinatorial eigenfunction associated with λ_i , satisfies

$$\lambda_i f(u) d_u = \sum_{v \sim u} \left(f(u) - f(v) \right) \tag{7}$$

for each vertex u. In particular, for f satisfying $\sum_{u} f(u)d_u = 0$, we have

$$\langle f, Af \rangle \le (1 - \lambda_1) \langle f, Df \rangle$$
 (8)

and

$$|\langle f, Af \rangle| \le \max_{i \ne 0} (1 - \lambda_i) \langle f, Df \rangle.$$
(9)

3 Vertex and edge expansions

For any subset S of vertices, there are two types of boundaries. The *edge* boundary of S, denoted by $\partial(S)$ consists of all edges with exactly one endpoint in S. The vertex boundary of S, denoted by $\delta(S)$ consists of all vertices not in S but adjacent to vertices in S. Namely,

$$\partial(S) = \{\{u, v\} \in E : u \in S \text{ and } v \notin S\} = E(S, \overline{S})$$
$$\delta(S) = \{u \notin S : u \sim v \in S \text{ for some vertex } v\}$$

In this section, we will examine vertex expansion and edge expansion relying only on λ_1 . These expansion properties will be needed for deriving diameter bounds for weak Ramanujan graphs which will be used in our proof of the general Alon-Boppana bound later in Section 6.

From the definition of the Cheeger constant, for all vertex subsets S, we have

$$\frac{|\partial(S)|}{\operatorname{vol}(S)} \ge h_G \ge \frac{\lambda_1}{2}$$

Later in the proofs, we will be interested in the case that vol(S) is small and therefore we will use the following version.

Lemma 1 Let S be a subset of vertices in G. Then

$$\frac{|\partial(S)|}{\operatorname{vol}(S)} \ge \lambda_1 \Big(1 - \frac{\operatorname{vol}(S)}{\operatorname{vol}(G)} \Big).$$

Proof: Suppose f is defined by

$$f = \frac{\mathbf{1}_S}{\operatorname{vol}(S)} - \frac{\mathbf{1}_{\bar{S}}}{\operatorname{vol}(\bar{S})}$$

where $\mathbf{1}_S$ denotes the characteristic function defined by $\mathbf{1}_S(v) = 1$ if $v \in S$ and 0 otherwise.

The Rayleigh quotient R(f) satisfies

$$\lambda_1 \le R(f) = \frac{|\partial(S)|}{\operatorname{vol}(S)} \cdot \frac{\operatorname{vol}(G)}{\operatorname{vol}(\bar{S})}.$$

For the expansion of the vertex boundary, the Tanner bound [9] for regular graphs can be generalized as follows.

Lemma 2 Let $\bar{\lambda} = \min_{i \neq 0} |1 - \lambda_i|$. Then for any vertex subset S in a graph,

$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} \ge \frac{1 - \bar{\lambda}^2}{\bar{\lambda}^2 + \frac{\operatorname{vol}(S)}{\operatorname{vol}(\bar{S})}} \tag{10}$$

The proof of the above inequality is by using the following discrepancy inequality (as seen in [2]).

Lemma 3 In a graph G, for two subset X and Y of vertices, the number e(X,Y) = |E(X,Y)| of edges between X and Y satisfies

$$\left| e(X,Y) - \frac{\operatorname{vol}(X)\operatorname{vol}(Y)}{\operatorname{vol}(G)} \right| \le \bar{\lambda} \frac{\sqrt{\operatorname{vol}(X)\operatorname{vol}(Y)\operatorname{vol}(\overline{X})\operatorname{vol}(\overline{Y})}}{\operatorname{vol}(G)}$$
(11)

where $\bar{\lambda} = \min_{i \neq 0} |1 - \lambda_i|$.

The proof of Lemma 3 follows from (9) and can be found in [2]. The proof of (12) results from (11) by setting X = S and $Y = \overline{S \cup \delta(S)}$.

Here we will give a version of the vertex-expansion bounds for general graphs which only rely on λ_1 and are independent of other eigenvalues.

Lemma 4 In a graph G with vertex set V and the first nontrivial eigenvalue λ_1 , for a subset S of V with $\operatorname{vol}(S \cup \delta S) \leq \operatorname{evol}(G) \leq \operatorname{vol}(G)/2$, the vertex boundary of S satisfies

(i)
$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} \ge \frac{2\lambda_1}{1 - \lambda_1 + 2\epsilon}$$
(12)

(ii) If $1/2 \leq \lambda_1 \leq 1 - 2\epsilon$, then

$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} \ge \frac{1}{(1 - \lambda_1 + 2\epsilon)^2}.$$
(13)

Proof: The proof of (i) follows from Lemma 1 since

$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} \ge \frac{|\partial(S \cup \delta(S))| + |\partial(S)|}{\operatorname{vol}(S)} \\ \ge \frac{\lambda_1(1 - \epsilon)(\operatorname{vol}(S) + \operatorname{vol}(\delta(S)) + \lambda_1(1 - \epsilon)\operatorname{vol}(S))}{\operatorname{vol}(S)}$$

Therefore

$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} \geq \frac{2\lambda_1(1-\epsilon)}{1-\lambda_1(1-\epsilon)} \geq \frac{2\lambda_1}{1-\lambda_1+2\epsilon}$$

To prove (ii), we set $f = \mathbf{1}_S + \gamma \mathbf{1}_{\delta(S)}$ where $\gamma = 1 - \lambda_1$. Consider $g = f - c \mathbf{1}_V$ where $c = \sum_u f(u) d_u / \operatorname{vol}(G)$. By the Cauchy-Schwarz inequality, we have

$$c^{2} = \frac{1}{(\operatorname{vol}(G))^{2}} \Big(\sum_{u \in S \cup \delta(S)} f(u)d_{u}\Big)^{2} \leq \frac{\operatorname{vol}(S \cup \delta(S))}{(\operatorname{vol}(G))^{2}} \sum_{u} f^{2}(u)d_{u}$$
$$\leq \frac{\epsilon}{\operatorname{vol}(G)} \sum_{u} f^{2}(u)d_{u}.$$

Using the inequality in (8), we have

$$\begin{split} \langle f, Af \rangle &\leq \langle g, Ag \rangle + c^2 \mathrm{vol}(G) \\ &\leq \gamma \langle g, Dg \rangle + c^2 \mathrm{vol}(G) \\ &= \gamma \langle f, Df \rangle + (1 - \gamma) c^2 \mathrm{vol}(G) \\ &\leq (\gamma + \epsilon) \langle f, Df \rangle \\ &= (\gamma + \epsilon) \big(\mathrm{vol}(S) + \gamma^2 \mathrm{vol}(\delta(S)) \big). \end{split}$$

Let e(S,T) denote the number of ordered pairs (u,v) where $u \in S, v \in T$ and $\{u,v\} \in E$. Since $\gamma = 1 - \lambda \le 1/2$, we have

$$\langle f, Af \rangle \ge e(S, S) + 2\gamma e(S, \delta(S))$$

 $\ge (1 - 2\gamma)e(S, S) + 2\gamma \operatorname{vol}(S)$
 $\ge 2\gamma \operatorname{vol}(S)$

Together we have

$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} \ge \frac{\gamma - \epsilon}{\sigma^2(\gamma + \epsilon)}$$
$$\ge \frac{1}{(\gamma + 2\epsilon)^2}$$

since $\gamma \geq 2\epsilon$.

Recall that weak Ramanujan graphs have eigenvalue λ_1 satisfying

$$\lambda_1 \ge 1 - \sigma \tag{14}$$

where $\sigma = 2\sum_v d_v \sqrt{d_v - 1} / \sum_v d_v^2$. Lemma 1 implies that for S with $\operatorname{vol}(S \cup \delta(S)) \le \epsilon \operatorname{vol}(G)$,

$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} \ge \frac{1}{(\sigma + 2\epsilon)^2}.$$

For k-regular Ramanujan graphs with eigenvalue $\lambda_1 = 1 - 2\sqrt{k-1}/k$, the above inequality is consistent with the bound

$$\frac{\operatorname{vol}(\delta(S))}{\operatorname{vol}(S)} = \frac{|\delta(S)|}{|S|} \ge \frac{1}{(\frac{2\sqrt{k-1}}{k} + 2\epsilon)^2}$$

which is about k/4 when vol(S) is small. The factor k/4 in the above inequality was improved by Kahale [4] to k/2. There are many applications

(see [1]) that require graphs having expansion factor to be $(1 - \epsilon)k$. Such graphs are called *lossless* expanders. In [1], lossless graphs were constructed explicitly by using the zig-zag construction but the method for deriving the expansion bounds does not use eigenvalues. In this paper, the expansion factor as in Lemma 4 is enough for our proof later.

4 Weak Ramanujan graphs

We recall that a graph is said to be a weak Ramanujan graph as in (14) if

$$\lambda_1 \ge 1 - \sigma \ge \frac{1}{2}$$

where

$$\sigma = 2 \frac{\sum_{v} d_v \sqrt{d_v - 1}}{\sum_{v} d_v^2}.$$
(15)

To prove the Alon-Boppana bound, it is enough to consider only weak Ramanujan graphs.

Lemma 5 As defined in (15), σ satisfies

$$\frac{2\sqrt{\bar{d}-1}}{\bar{d}} \le \sigma \le \frac{2\sqrt{\bar{d}-1}}{\bar{d}}$$

where \overline{d} denotes the average degree in G and \widetilde{d} denote the second order degree, *i.e.*,

$$\bar{d} = \frac{\sum_v d_v}{n}$$
 and $\check{d} = \frac{\sum_v d_v^2}{\sum_v d_v}$.

Proof: The proof is mainly by using the Cauchy-Schwarz inequality. For the upper bound, we note that

$$\sigma = 2 \frac{\sum_{v} d_v \sqrt{d_v - 1}}{\sum_{v} d_v^2} \le 2 \frac{\sqrt{\sum_{v} d^2 \sum_{v} (d_v - 1)}}{\sum_{v} d_v^2}$$
$$= 2 \frac{\sqrt{\sum_{v} (d_v - 1)}}{\sqrt{\sum_{v} d_v^2}}$$
$$\le 2 \frac{\sqrt{\sum_{v} (d_v - 1)}}{\sum_{v} d_v / \sqrt{n}}$$
$$\le 2 \frac{\sqrt{\sum_{v} (d_v - 1)}}{\overline{d} \sqrt{n}} \le \frac{2\sqrt{\overline{d} - 1}}{\overline{d}}.$$

For the upper bound, we will use the fact that for a, b > 1 and a + b = c,

$$a\sqrt{a-1} + b\sqrt{b-1} \ge c\sqrt{\frac{c}{2}-1}$$

and therefore

$$\sum_{v} d_v \sqrt{d_v - 1} \ge \sum_{v} d_v \sqrt{\frac{\sum_{v} d_v}{n} - 1}.$$

Consequently, we have

$$\sigma = 2 \frac{\sum_{v} d_v \sqrt{d_v - 1}}{\sum_{v} d_v^2} \ge 2 \frac{\sum_{v} d_v \sqrt{\frac{\sum_{v} d_v}{n} - 1}}{\frac{\sum_{v} d_v^2}{\sum_{v} d_v} \sum_{v} d_v} \ge 2 \frac{\sqrt{\bar{d} - 1}}{\bar{d}}$$

as desired.

We remark that for graphs with average degree at least 20, we have $\sigma < 1/2 < \lambda_1$.

Theorem 1 Suppose a weak Ramanujan graph G has diameter k. Then for any $\epsilon > 0$, we have

$$k \le (1+\epsilon) \frac{2\log \operatorname{vol}(G)}{\log \sigma^{-1}}$$

provided that the volume of G is large, i.e., $\operatorname{vol}(G) \geq c\sigma^{\log(\sigma)}/\epsilon$ for some small constant c.

Proof: We set

$$t = \Big\lceil (1+\epsilon) \frac{\log(\operatorname{vol}(G))}{\log \sigma^{-1}} \Big\rceil.$$

It suffices to show that for every vertex v, the ball $B_t(v)$ has volume more than $\operatorname{vol}(G)/2$.

Suppose $\operatorname{vol}(B_t(v)) \leq \operatorname{vol}(G)/2$. Let

$$s_j = \frac{\operatorname{vol}(B_j(u))}{\operatorname{vol}(G)}.$$

By part (i) of Lemma 4, we have $\operatorname{vol}(\delta(B_u(j))) \ge 0.5\operatorname{vol}(B_u(j))$ for $j \le t-1$ and therefore $s_{j+1} \ge 1.5s_j$. Thus, if $j \le t-c_1 \log(\sigma^{-1})$, then $s_j \le \sigma^4$ where c_1 is some small constant satisfying $c_1 \le 4(\log 1.5)^{-1}$. Now we apply part (ii) of Lemma 4 and we have, for $j \leq t - c_1 \log(\sigma^{-1})$,

$$\frac{s_{j+1}}{s_j} = \frac{\operatorname{vol}(B_{j+1}(u))}{\operatorname{vol}(B_j(u))} \ge \frac{\operatorname{vol}(\delta(B_j(u)))}{\operatorname{vol}(B_j(u))} \ge \frac{1}{(\sigma + 2s_j)^2} \ge \frac{1}{(\sigma + 2\sigma^4)^2}$$

This implies, for $l \leq t - c_1 \log(\sigma^{-1})$,

$$\frac{s_l}{s_0} \ge \prod_{0 < j < l} \frac{1}{(\sigma + 2s_j)^2} \ge \prod_{0 < j < l} \frac{1}{(\sigma + 2\sigma^4)^2} \\ \ge \frac{1}{\sigma^{2l}(1 + 2\sigma^4)^{2l}}.$$

Since $s_0 \ge 1/\text{vol}(G)$ and $s_l \le s_t \le 1/2$, we have

$$\operatorname{vol}(G) \ge \frac{1}{\sigma^{2l}(1+2\sigma^4)^{2l}}.$$

Hence

$$l \le \frac{\log(\operatorname{vol}(G))}{\log(\sigma^{-1}) + 2\sigma^4}.$$

However,

$$(1+\epsilon)\frac{\log(\operatorname{vol}(G))}{\log(\sigma^{-1})} \le t \le c_1 \log(\sigma^{-1}) + \frac{\log(\operatorname{vol}(G))}{\log(\sigma^{-1}) + 2\sigma^4}$$

which is a contracdiction for G with $\operatorname{vol}(G)$ large, say, $\operatorname{vol}(G) \geq \sigma^{2c_1 \log \sigma} / \epsilon$. . Thus we conclude that $s_t \geq 1/2$ and Theorem 1 is proved.

Theorem 2 For a weak Ramanujan graph with diameter k, for any vertex v and any $l \leq k/4$, the ball $B_u(l)$ has volume at most $\epsilon \operatorname{vol}(G)$ if $k \geq c \log \epsilon^{-1}$, for some constants c.

Proof: We will prove by contradiction. Suppose that for $j_0 = \lceil k/4 \rceil$, there is a vertex u with $\operatorname{vol}(B_v(j_0)) > \epsilon \operatorname{vol}(G)$. Let r denote the largest integer such that

$$s_r = \frac{\operatorname{vol}(B_u(r))}{\operatorname{vol}(G)} > \frac{1}{2}.$$

By the assumption, we have r > k/4 and $s_{j_0} > \epsilon$. There are two possibilities:

Case 1: $r \ge k/2$.

By part (i) of Lemma 4, we have $\operatorname{vol}(\delta(B_u(j))) \ge 0.5\operatorname{vol}(B_u(j))$ for $j \le k/2$ and therefore $s_{j+1} \ge 1.5s_j$. Thus, for $j \le k/2 - c_1 \log \epsilon^{-1}$, we have $s_j \le \epsilon$ where $c_1 = 1/\log 1.5$. Since $k/4 \le k/2 - c_1 \log \epsilon^{-1}$, we have a contradiction.

Case 2: r < k/2. We define

$$\bar{s}_j = \frac{\operatorname{vol}(V \setminus B_u(j))}{\operatorname{vol}(G)}.$$

Thus $\bar{s}_j < 1/2$ for all $j \ge k/2$. We consider two subcases.

Subcase 2a: Suppose $\bar{s}_j \ge \epsilon$ for $j \ge k/2$.

Using Lemma 4, for j where $r \leq j \leq k/2$, we have $\bar{s}_j \geq 1.5\bar{s}_{j+1}$. Thus, for some $j_1 \geq k/2 - c_1 \log \epsilon^{-1}$, we have $\bar{s}_j \geq 1/2$ or equivalently, $s_j \leq 1/2$. By using Lemma 4 again, for $j \leq j_1$, we have $s_{j+1} \geq 1.5s_j$ and therefore for any $j \leq j_1 - c_1 \log \epsilon^{-1}$ we have $s_j \leq \epsilon$. Since $j_1 - c_1 \log \epsilon^{-1} \geq k/2 - 2c_1 \log \epsilon^{-1} \geq k/4$, we again have a contradiction to the assumption $s_{j_0} \geq \epsilon$.

Subcase 2b: Suppose $\bar{s}_j < \epsilon$ for $j \ge k/2$

We apply part (ii) of Lemma 4 and we have, for $j \ge k/2$,

$$\frac{\bar{s}_j}{\bar{s}_{j+1}} \ge \frac{1}{(\sigma + 2\epsilon)^2}$$

This implies, for $j_2 = \lceil k/2 \rceil$,

$$\frac{\overline{s}_{j_2}}{\overline{s}_k} \ge \prod_{k/2 < j \le k} \frac{1}{(\sigma + 2s_j)^2} \ge \frac{1}{(\sigma + 2\epsilon)^k}.$$

Since $\bar{s}_k \ge 1/\mathrm{vol}(G)$, we have

$$\bar{s}_{j_1} \ge \frac{1}{\operatorname{vol}(G)(\sigma + 2\epsilon)^k}.$$

Since the assumption of this subcase is $\bar{s}_{j_1} < \epsilon$, we have

$$k \ge \frac{\log n + \log \epsilon^{-1}}{\log \sigma^{-1}}.$$

We now use Lemma 4 and we have, for $j = k/2 - j' \ge r$

$$\bar{s}_j \ge \frac{1}{\operatorname{vol}(G)(\sigma + 2\epsilon)^{k+2j'}}.$$

Therefore, for some $j \leq k/2 - \log \epsilon^{-1}/\log \sigma^{-1}$, we have $\bar{s}_j > 1/2$ which implies $r \geq k/2 - \log \epsilon^{-1}/\log \sigma^{-1}$.

Now we use the same argument as in Case 1 except shifting r by $\log \epsilon^{-1}/\log \sigma^{-1}$. For some $j \leq r - c_1 \log \epsilon^{-1} \leq k/2 - \log \epsilon^{-1}/\log \sigma^{-1} - c_1 \log \epsilon^{-1}$, we have $s_j < \epsilon$. Since $\log \epsilon^{-1}/\log \sigma^{-1} + c_1 \log \epsilon^{-1} < k/4$, this leads to a contradiction and Theorem 2 is proved.

5 Non-backtracking random walks

Before we proceed to the proof of the Alon-Boppana bound, we will need some basic facts on non-backtracking random walks.

A non-backtracking walk is a sequence of vertices $\mathbf{p} = (v_0, v_1, \dots, v_t)$ for some t such that $v_{i-1} \sim v_i$ and $v_{i+1} \neq v_{i-1}$ for $i = 1, \dots, t-2$. The non-backtracking random walk can be described as follows: For $i \geq 1$, at the *i*th step on v_i , choose with equal probability a neighbor u of v_i where $u \neq v_{i-1}$, move to u and set $v_{i+1} = u$. To simplify notation, we call a nonbacktracking walk an NB-walk. The modified transition probability matrix \tilde{P}_k , for $k = 0, 1, \dots, t-1$, is defined by

$$\tilde{P}_{k}(u,v) = \begin{cases} P^{k}(u,v) & \text{if } k = 0\\ \sum_{\mathbf{p} \in \mathscr{P}_{u,v}^{(k)}} w(\mathbf{p}) & \text{if } k \ge 1 \end{cases}$$
(16)

where the weight $w(\mathbf{p})$ for an NB-walk $\mathbf{p} = (v_0, v_1, \dots, v_t)$ with $t \ge 1$ is defined to be

$$w(\mathbf{p}) = \frac{1}{d_{v_0} \prod_{i=1}^{t-1} (d_{v_i} - 1)}$$
(17)

and $\mathscr{P}_{u,v}^{(k)}$ denotes the set of non-backtracking walks from u to v. For a walk $\mathbf{p} = (v_0)$ of length 0, we define $w(\mathbf{p}) = 1$.

Although a non-backtracking random walk is not a Markov chain, it is closely related to an associated Markov chain as we will describe below (also see [6]).

For each edge $\{u, v\}$ in E, we consider two directed edges (u, v) and (v, u). Let \hat{E} denote the set consisting of all such directed edges, i.e. $\hat{E} = \{(u, v) : \{u, v\} \in E\}$. We consider a random walk on \hat{E} with transition

probability matrix \boldsymbol{P} defined as follows:

$$\boldsymbol{P}((u,v),(u',v')) = \begin{cases} \frac{1}{d_v-1} & \text{if } v = u' \text{and } u \neq v' \\ 0 & \text{otherwise.} \end{cases}$$

Let $\mathbf{1}_E$ denote the all 1's function defined on the edge set E as a row vector. From the above definition, we have

$$\mathbf{1}_E \boldsymbol{P} = \mathbf{1}_E. \tag{18}$$

In addition, we define the vertex-edge incidence matrix B and B^* for $a \in V$ and $(b, c) \in \hat{E}$ by

$$B(a, (b, c)) = \begin{cases} 1 & \text{if } a = b, \\ 0 & \text{otherwise} \end{cases}$$

$$B^*((b,c),a)) = \begin{cases} 1 & \text{if } c = a, \\ 0 & \text{otherwise} \end{cases}$$

Let $\mathbf{1}_V$ denote all 1's vector defined on the vertex set V. Then

$$\mathbf{1}_V B = \mathbf{1}_E.\tag{19}$$

Although \tilde{P}_k is not a Markov chain, it is related to the Markov chain determined by \boldsymbol{P} on \hat{E} as follows:

Fact 1: For $l \geq 1$.

$$\tilde{P}_l = D^{-1} B \boldsymbol{P}^l B^* \tag{20}$$

and for the case of l = 0, we have $\tilde{P}_0 = I$.

By combining (19) and (20), we have Fact 2:

$$\mathbf{1}_V D\tilde{P}_l = \mathbf{1}_E B^* = \mathbf{1}_V D. \tag{21}$$

Note that $\mathbf{1}_V D$ is just the degree vector for the graph G. Therefore (21) states that the degree vector is an eigenvector of \tilde{P}_l . Using Fact 1 and 2, we have the following:

Lemma 6

(i) For a fixed vertex x and any integer $j \ge 0$, we have

$$\sum_{u} d_{u} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(j)}} w(\mathbf{p}) = d_{x}$$
(22)

(ii) For a fixed vertex u, we have

$$\sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(j)}} w(\mathbf{p}) = \mathbf{1}_{u} (I + \tilde{P}_{1} + \ldots + \tilde{P}_{l}) \mathbf{1}^{*} = l + 1$$
(23)

where $\mathbf{1}_u$ denotes the characteristic function which assumes value 1 at u and 0 else where.

Proof: The proof of (22) and (23) follows from the fact that

$$\mathbf{1}_{V}D\tilde{P}_{j}(x) = \mathbf{1}_{V}D(D^{-1}B\mathbf{P}^{j}B^{*}) = \mathbf{1}_{E}\mathbf{P}^{j}B^{*} = \mathbf{1}_{E}B^{*} = \mathbf{1}_{V}D(x)$$

$$\mathbf{1}_{u}\tilde{P}_{j}(x) = w(\mathbf{p}) \text{ for } \mathbf{p} \in \mathscr{P}_{u,x}^{(j)}.$$

and $\mathbf{1}_u P_j(x) = w(\mathbf{p})$ for $\mathbf{p} \in \mathscr{P}_{u,x}$.

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Theorem 3 In a graph G = (V, E) with diameter k, the first nontrivial eigenvalue λ_1 satisfies

$$\lambda_1 \le 1 - \sigma \left(1 - \frac{c}{k} \right)$$

where σ is as defined in (15), provided $k \geq c' \log \sigma^{-1}$ and $\operatorname{vol}(G) \geq c'' \sigma^{\log \sigma}$ for some absolute constants c's.

Proof: If G is not a weak Ramanujan graph, we have $\lambda_1 \leq 1 - \sigma$ and we are done. We may assume that G is weak Ramanujan.

From the definition of λ_1 , we have

$$\lambda_1 \le \frac{\sum_{x \sim y} (f(x) - f(y))^2}{\sum_x f^2(x) d_x} = R(f)$$
(24)

where f satisfies $\sum_{x} f(x) d_x = 0$.

We will construct an appropriate f satisfying $R(f) \leq 1 - \sigma(1 - c/k)$ and therefore serve as an upper bound for λ_1 . We set

$$t = \left\lfloor \frac{\log(\operatorname{vol}(G))}{\log \sigma^{-1}} \right\rfloor$$

and choose ϵ satisfying

$$\epsilon \leq \frac{\sigma}{t} \leq \frac{c\sigma}{k}$$

by using Theorem 1 where σ is as defined in (15).

We consider a family of functions defined as follows. For a specified vertex u and an integer $l = \lfloor k/4 \rfloor$, we consider a function $g_u : V \to \mathbb{R}^+$, defined by

$$g_u(x) = \left(\mathbf{1}_u(I + \tilde{P}_1 + \ldots + \tilde{P}_l)(x)\right)^{1/2}$$
$$= \left(\sum_{j=0}^l \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(j)}} w(\mathbf{p})\right)^{1/2}$$

where \tilde{P}_j is as defined in (20) and $\mathbf{1}_u$ is treated as a row vector. In other words, g_u denotes the square root of the sum of non-backtracking random walks starting from u taking i steps for i ranging from 0 to l.

Claim A:

$$\sum_{u} d_{u} \sum_{x} g_{u}^{2}(x) d_{x} = \sum_{j=0}^{l} \sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} d_{u} w(\mathbf{p}) d_{x} = (l+1) \sum_{x} d_{x}^{2}$$

where the weight $w(\mathbf{p})$ of a walk \mathbf{p} is as defined in (17). *Proof of Claim A:* From the definition of g_u and (16), we have

$$\begin{split} \sum_{u} d_{u} \sum_{x} g_{u}^{2}(x) d_{x} &= \sum_{j=0}^{l} \sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} d_{u} w(\mathbf{p}) \\ &= \sum_{u} d_{u} \mathbf{1}_{u} B(I + \tilde{P}_{1} + \ldots + \tilde{P}_{l})(x) \\ &= \sum_{u} d_{u} \sum_{i=1}^{l} \mathbf{1}_{u} D^{-1} B \mathbf{P}^{i} B^{*}(x) d_{x} + \sum_{x} d_{x}^{2} \\ &= \sum_{i=1}^{l} \sum_{u} \mathbf{1}_{u} B \mathbf{P}^{i} B^{*}(x) d_{x} + \sum_{x} d_{x}^{2} \\ &= \sum_{i=1}^{l} \mathbf{1}_{E} \mathbf{P}^{i} B^{*}(x) d_{x} + \sum_{x} d_{x}^{2} \\ &= l \mathbf{1}_{E} B^{*}(x) d_{x} + \sum_{x} d_{x}^{2} \\ &= (l+1) \sum_{x} d_{x}^{2}. \end{split}$$

Claim A is proved.

Claim B:

$$\sum_{u} d_{u} \sum_{x \sim y} \left(g_{u}(x) - g_{u}(y) \right)^{2} \le (l+1-l\sigma) \sum_{x} d_{x}^{2}.$$

where $\sum_{x\sim y}$ denotes the sum ranging over unordered pairs $\{x,y\}$ where x is adjacent to y.

Proof of Claim B:

We will use the following fact for $a_i, b_i > 0$.

$$\left(\sqrt{\sum_{i} a_{i}} - \sqrt{\sum_{i} b_{i}}\right)^{2} \le \sum_{i} \left(\sqrt{a_{i}} - \sqrt{b_{i}}\right)^{2} \tag{25}$$

which can be easily checked.

For a fixed vertex u, we apply Claim B:

$$\begin{split} &\sum_{x \sim y} \left(g_u(x) - g_u(y)\right)^2 \\ &= \sum_{x \sim y} \left(\sqrt{\sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} w(\mathbf{p})} - \sqrt{\sum_{\mathbf{p}' \in \mathscr{P}_{u,y}^{(t)}} w(\mathbf{p}')} \right)^2 \\ &\leq \sum_{t \leq l-1} \sum_{r \in V} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} \left(\sqrt{w(\mathbf{p})} - \sqrt{w(\mathbf{p}')}\right)^2 + \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} w(\mathbf{p})(d_x - 1) \\ &\leq \sum_{t \leq l-1} \sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} \left(\sqrt{w(\mathbf{p})} - \sqrt{\frac{w(\mathbf{p})}{d_x - 1}}\right)^2 (d_x - 1) + \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} \sqrt{w(\mathbf{p})}(d_x - 1) \\ &\leq \sum_{t \leq l-1} \sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} w(\mathbf{p}) \left(1 + \frac{1}{d_x - 1} - \frac{2}{\sqrt{d_x - 1}}\right) (d_x - 1) + \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} w(\mathbf{p})(d_x - 1) \\ &\leq \sum_{t \leq l-1} \sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} w(\mathbf{p}) \left(d_x - 2\sqrt{d_x - 1}\right) + \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} w(\mathbf{p})(d_x - 1) \\ &\leq \lim_{t \leq l-1} \sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} w(\mathbf{p}) \left(d_x - 2\sqrt{d_x - 1}\right) + \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} w(\mathbf{p})(d_x - 1). \\ &\qquad \text{Using Fact 3, we have} \\ &\sum_{u} d_u \sum_{x \sim y} \left(g_u(x) - g_u(y)\right)^2 \end{split}$$

$$\leq \sum_{t \leq l-1} \sum_{u} d_{u} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} w(\mathbf{p}) \left(d_{x} - 2\sqrt{d_{x} - 1} \right) + \sum_{u} d_{u} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} w(\mathbf{p}) (d_{x} - 1)$$
$$= l \sum_{x} d_{x} \left(d_{x} - 2\sqrt{d_{x} - 1} \right) + \sum_{x} d_{x}^{2}$$
$$= l(1 - \sigma) \sum_{x} d_{x}^{2} + \sum_{x} d_{x}^{2}$$
$$= \left(l + 1 - l\sigma \right) \sum_{x} d_{x}^{2}$$

This proves Claim B.

Claim C: There is a vertex u satisfying

$$R(g_u) \le 1 - \sigma \left(1 - \frac{1}{l+1}\right)$$

Proof of Claim C:

Combining Claim A and B, we have

$$\sum_{u} d_{u} \sum_{x \sim y} \left(g_{u}(x) - g_{u}(y) \right)^{2}$$

$$\leq \left(l + 1 - l\sigma \right) \sum_{x} d_{x}^{2}$$

$$\leq \left(l + 1 - l\sigma \right) \left(\frac{1}{l+1} \right) \sum_{u} d_{u} \sum_{x} g_{u}^{2}(x) d_{x}$$

$$= \left(1 - \frac{l\sigma}{l+1} \right) \sum_{u} d_{u} \sum_{x} g_{u}^{2}(x) d_{x}$$
(26)

Thus we deduce that there is a vertex u such that

$$R(g_u) = \frac{\sum_{x \sim y} \left(g_u(x) - g_u(y) \right)^2}{\sum_x g_u^2(x) d_x}$$
$$\leq 1 - \frac{l\sigma}{l+1}.$$
 (27)

We define

$$\alpha_v = \frac{\sum_x g_v(x) d_x}{\sum_x d_x} = \frac{\sum_x g_v(x) d_x}{\operatorname{vol}(G)}$$

We consider the function g'_u defined by

$$g'_u(x) = g_u(x) - \alpha_u$$

Clearly, g_u^\prime satisfies the condition that

$$\sum_{x} g'_u(x) d_x = 0$$

Hence, we have

$$\lambda_{1} \leq R(g'_{u}) = \frac{\sum_{x \sim y} \left(g'_{u}(x) - g'_{u}(y)\right)^{2}}{\sum_{x} g'_{u}^{2}(x) d_{x}}$$
$$= \frac{\sum_{x \sim y} \left(g_{u}(x) - g_{u}(y)\right)^{2}}{\sum_{x} g^{2}_{u}(x) d_{x} - \alpha^{2}_{u} \operatorname{vol}(G)}.$$
(28)

Note that by the Cauchy-Schwarz inequality, we have

$$\left(\sum_{x\in B_u(l)}g_u(x)d_x\right)^2 \le \operatorname{vol}(B_u(l))\sum_{x\in B_u(l)}g_u^2(x)d_x.$$

and therefore

$$\alpha_u^2 \le \frac{\operatorname{vol}(B_u(l))}{\operatorname{vol}(G)^2} \sum_x g_u^2(x) d_x.$$

By substitution into (28) and using (35), we have

$$\lambda_1 \le R(g'_u) \le \frac{R(g)}{1 - \frac{\operatorname{vol}(B_u(l))}{\operatorname{vol}(G)}} \le \frac{1 - \sigma \left(1 - \frac{1}{l+1}\right)}{1 - \frac{\operatorname{vol}(B_u(l))}{\operatorname{vol}(G)}}$$
(29)

$$\leq 1 - \sigma \left(1 - \frac{1}{l+1}\right) + \frac{\operatorname{vol}(B_u(l))}{\operatorname{vol}(G)}$$
(30)

$$\leq 1 - \sigma \left(1 - \frac{c}{l+1}\right) \tag{31}$$

The last inequality follows from Theorem 2 and the choice of $\epsilon = \sigma/k$. This completes the proof of Theorem 3.

7 A lower bound for λ_{n-1}

If a graph is bipartite, it is known (see [2]) that $\lambda_i = 2 - \lambda_{n-i-1}$ for all $0 \le i \le n-1$ and, in particular, $\lambda_{n-1} = 2 - \lambda_0 = 2$. If G is not bipartite, it is easy to derive the following lower bound:

$$\lambda_{n-1} \ge 1 + 1/(n-1)$$

by using the fact that the trace of \mathcal{L} is n. This lower bound is sharp for the complete graph. However if G is not the complete graph, is it possible to derive a better lower bound? The answer is affirmative. Here we give an improved lower bound for λ_{n-1} .

Theorem 4 In a connected graph G = (V, E) with diameter k, the largest eigenvalue λ_{n-1} of the normalized Laplacian \mathcal{L} of G satisfies

$$\lambda_{n-1} \ge 1 + \sigma \left(1 - \frac{c}{k} \right) \tag{32}$$

where σ is as defined in (15), provided $k \ge c' \log \sigma^{-1}$ and $\operatorname{vol}(G) \ge c'' \sigma^{\log \sigma}$ for some absolute constants c's.

Proof: By definition, λ_{n-1} satisfies

$$\lambda_{n-1} \ge \frac{\sum_{x \sim y} (f(x) - f(y))^2}{\sum_x f^2(x) d_x} = R(f)$$
(33)

for any $f: V \to \mathbb{R}$.

We will construct an appropriate f such that $R(f) \ge 1 + \sigma(1 - c/\gamma)$ by considering the following function $f_u: V \to \mathbb{R}^+$, for a fixed vertex u, defined by

$$\eta_u(x) = \begin{cases} (-1)^t \chi_u \big(\tilde{P}_t(x) \big)^{-1/2} & \text{if } \operatorname{dist}(u, x) = t \le l \\ 0 & \text{otherwise} \end{cases}$$

where $l \leq \gamma/2$. Note that $|\eta_u(x)| = g_u(x)$ since we assume that $l \leq \gamma/2$. Using the same proof in Claim A, we have

Claim A':

$$\sum_{u} d_{u} \sum_{x} \eta_{u}^{2}(x) d_{x} = \sum_{j=0}^{l} \sum_{x} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} d_{u} w(\mathbf{p}) d_{x} = (l+1) \sum_{x} d_{x}^{2}.$$

Claim B':

$$\sum_{u} d_u \sum_{x \sim y} \left(\eta_u(x) - \eta_u(y) \right)^2 \ge (l+1+l\sigma) \sum_{x} d_x^2$$

Proof of Claim B':

The proof is quite similar to that of Claim B. For a fixed vertex u, the sum over unordered pair $\{x, y\}$ where $x \sim y$,

$$\begin{split} &\sum_{x \sim y} \left(\eta_u(x) - \eta_u(y) \right)^2 \\ &\leq \sum_{t \leq l-1} \sum_{r \in \mathcal{V}} \sum_{\substack{\mathbf{p} \in \mathscr{P}_{u,r}^{(t)} \\ \mathbf{p}' = \mathbf{p} \cup s \in \mathscr{P}_{u,s}^{(t+1)}}} \left(\sqrt{w(\mathbf{p})} + \sqrt{w(\mathbf{p}')} \right)^2 - \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} w(\mathbf{p})(d_x - 1) \\ &\leq \sum_{t \leq l-1} \sum_x \sum_{\substack{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)} \\ \mathbf{p} \in \mathscr{P}_{u,x}^{(t)}}} \left(\sqrt{w(\mathbf{p})} + \sqrt{\frac{w(\mathbf{p})}{d_x - 1}} \right)^2 (d_x - 1) - \sum_{\substack{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)} \\ \mathbf{p} \in \mathscr{P}_{u,x}^{(l)}}} \sqrt{w(\mathbf{p})}(d_x - 1) \\ &\leq \sum_{t \leq l-1} \sum_x \sum_{\substack{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)} \\ \mathbf{p} \in \mathscr{P}_{u,x}^{(t)}}} w(\mathbf{p}) \left(1 + \frac{1}{d_x - 1} + \frac{2}{\sqrt{d_x - 1}} \right) (d_x - 1) - \sum_{\substack{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)} \\ \mathbf{p} \in \mathscr{P}_{u,x}^{(l)}}} w(\mathbf{p})(d_x - 1) \\ &\leq \sum_{t \leq l-1} \sum_x \sum_{\substack{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)} \\ \mathbf{p} \in \mathscr{P}_{u,x}^{(t)}}} w(\mathbf{p}) \left(d_x + 2\sqrt{d_x - 1} \right) - \sum_{\substack{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)} \\ \mathbf{p} \in \mathscr{P}_{u,x}^{(l)}}} w(\mathbf{p})(d_x - 1). \end{split}$$

Using Fact 3, we have

$$\begin{split} &\sum_{u} d_{u} \sum_{x \sim y} \left(\eta_{u}(x) - \eta_{u}(y) \right)^{2} \\ &\geq \sum_{t \leq l-1} \sum_{u} d_{u} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(t)}} w(\mathbf{p}) \left(d_{x} + 2\sqrt{d_{x} - 1} \right) - \sum_{u} d_{u} \sum_{\mathbf{p} \in \mathscr{P}_{u,x}^{(l)}} w(\mathbf{p}) (d_{x} - 1) \\ &= l \sum_{x} d_{x} \left(d_{x} + 2\sqrt{d_{x} - 1} \right) - \sum_{x} d_{x}^{2} \\ &= l(1 + \sigma) \sum_{x} d_{x}^{2} - \sum_{x} d_{x}^{2} \\ &= \left(l - 1 + l\sigma \right) \sum_{x} d_{x}^{2} \end{split}$$

This proves Claim B'.

Combining Claims A' and B', we have

$$\sum_{u} d_{u} \sum_{x \sim y} \left(\eta_{u}(x) - \eta_{u}(y) \right)^{2}$$

$$\geq \left(l - 1 + l\sigma \right) \sum_{x} d_{x}^{2}$$

$$\geq \left(l - 1 + l\sigma \right) \left(\frac{1}{l+1} \right) \sum_{u} d_{u} \sum_{x} \eta_{u}^{2}(x) d_{x}$$

$$= \left(1 + \frac{l\sigma}{l-1} \right) \sum_{u} d_{u} \sum_{x} \eta_{u}^{2}(x) d_{x}$$
(34)

Thus we deduce that there is a vertex u such that

$$R(\eta_u) = \frac{\sum_{x \sim y} \left(\eta_u(x) - \eta_u(y)\right)^2}{\sum_x \eta_u^2(x) d_x}$$

$$\leq 1 + \frac{l\sigma}{l-1}.$$
 (35)

We consider the function η_u' defined by

$$\eta'_u(x) = \eta_u(x) - \alpha_u$$

where

$$\alpha_v = \frac{\sum_x \eta_v(x) d_x}{\sum_x d_x} = \frac{\sum_x \eta_v(x) d_x}{\operatorname{vol}(G)}$$

so that η'_u satisfies the condition that

$$\sum_{x} \eta'_u(x) d_x = 0$$

Hence, we have

$$\lambda_{n-1} \ge R(\eta'_u) = \frac{\sum_{x \sim y} \left(\eta'_u(x) - \eta'_u(y)\right)^2}{\sum_x \eta'_u^2(x) d_x}$$
$$= \frac{\sum_{x \sim y} \left(\eta_u(x) - \eta_u(y)\right)^2}{\sum_x \eta^2_u(x) d_x - \alpha^2_u \operatorname{vol}(G)}$$
$$\ge 1 + \sigma(1 + \frac{c}{l}) - \frac{\operatorname{vol}(B_u(l))}{\operatorname{vol}(G)}.$$

This completes the proof of Theorem 4.

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